

4A First Team			4A Second Team			4A Third Team		
Name	School	Grade	Name	School	Grade	Name	School	Grade
Lauren Hagedorn	ADM	12	Aubrey Noring	ADM	10	Maddie Schonhorst	Ballard	11
Kinzie Maxwell	ADM	12	Sophie Dannenbring	Bishop Heelan	8	Erin Fitzpatrick	Bishop Heelan	11
Makenna Pittlick	ADM	11	Mallory Nikkel	Bondurant	12	Alexis Havlovic	Bondurant	11
Kylee Hill	Burlington	11	Brooke Weisbrod	Boone	11	Avery Staver	Creston	12
Chloe Roling	Carlisle	10	Ava Fawcett	Burlington	11	Aubrey Alstott	Ft. Dodge	10
Mallie Stoner	Carlisle	12	Ava Brandenburg	Burlington	10	Jada Lande	Gilbert	12
Alyvia Freeman	Carlisle	12	Anyah Oatts	Carlisle	10	Natalie Heald	Marion	11
Kyla Schulte	Clear Creek-Amana	12	Elizabeth Timmerman	Clear Creek	12	Brogan Evans	Mason City	12
Hope Alstott	Fort Dodge	11	Teryn Rippentrop	Ft. Dodge	12	Jorie Hillman	Nevada	11
Ellie Doster	Fort Dodge	11	Rhiannon Rees	Grinnell	12	Lexi Frehse	Newton	10
Katie Sniezek	Gilbert	12	Madison Johnette	Lewis Central	11	Alex Mohlke	North Polk	11
Kylee Bond	Grinnell	12	Kasey Frommelt	Marion	10	Maddy Klever	North Polk	11
Aubree Davis	Lewis Central	12	Ava Koudelka	North Polk	12	Brinley Schroeder	North Scott	10
Mack Sims	Newton	12	Tessa Dillinger	North Polk	12	Cadey Bredar	North Scott	12
Adalynn Johnson	North Scott	12	Laney Welge	North Scott	10	Dani Peters	Norwalk	12
Bailey Moreau	Sergeant Bluff-Luton	12	Hadley Michael	Norwalk	11	Ireland McGraw	Oskaloosa	11
Melanie Runde	Western Dubuque	12	Katie Scheckel	Pella	12	Avery Parks	Pella	11
Lauren Vaske	Western Dubuque	12	Lily Delperdang	Sergeant Bluff-Luton	12	Lucy Simington	Spencer	11
Maci Olson	Winterset	11	Liv Nelson	Solon	10	Jersey Vail	Spencer	11
Makenna Olson	Winterset	11	Harper Morrison	Waverly Shell Rock	9	Avery DeHaan	Storm Lake	12
Maddyn Gates	Xavier	11	Kyla Ramler	Western Dubuque	11	Danica Ferber	Winterset	8
Coach of the Year	Lindsay Stanford, ADM							