

2026 South O'Brien Mid Season Meet - 4/16/2026

South O'Brien HS

Results

Event 101 Girls 800 Sprint Medley JV

Team	Relay	Finals
Finals		
1 Hm-Sanborn	A	2:15.43
1) Rodriguez, Thalia 10	2) Hengeveld, Jenna 10	
3) Vogt, Ava 10	4) Delacruz, Viviana 09	
2 South O'Brien	A	2:16.84
1) Negus, Annika 10	2) Cox, Chloe 11	
3) Wulf, Tawni 12	4) Rasmussen, BreLee 11	
3 Sioux Ctrl, SR	A	2:17.46
1) Joenks, Bella 11	2) Thomas, Kathryn 11	
3) Fassler, McKenna 10	4) Smith, Kaylie 09	
4 W Sioux Hwardn	A	2:40.69
1) Zwart, Alexis 09	2) Rens, Gemma 10	
3) Topete, Michelle 09	4) Hernandez, Michelle 09	

Event 102 Girls 800 Sprint Medley Varsity

Team	Relay	Finals
Finals		
1 Sioux Ctrl, SR	A	1:58.60 10
1) Waldstein, Peyton 10	2) Johnson, Lillian 10	
3) Ayers, Reata 12	4) Wilson, Avery 12	
2 Hm-Sanborn	A	2:03.08 8
1) Overmire, Ruby 10	2) Otto, Moriah 12	
3) Mutombo, Pamela 12	4) Ebel, Keely 10	
3 Mmcru	A	2:04.45 6
1) Groves, Riley 12	2) Busch, Peyton 10	
3) Tentinger, Tia 11	4) Regennitter, Jorja 09	
4 W Sioux Hwardn	A	2:04.88 4
1) Waterman, Raelyn 12	2) Van Wyhe, Addilyn 09	
3) Stainbrook, Keira 09	4) Ten Napel, Hailey 09	
5 George-Little Rk	A	2:07.60 2
1) Aeikens, Madelyn 11	2) Minter, Emily 09	
3) Kruger, Keslee 09	4) DeLeeuw, Carly 09	
6 South O'Brien	A	2:11.00 1
1) Joines, Gretchen 10	2) Reichle, Lyla 10	
3) Stevens, Maeci 11	4) Wilson, Amelie 11	

Event 103 Boys 800 Sprint Medley JV

Team	Relay	Finals
Finals		
1 W Sioux Hwardn	A	1:50.33
1) Coons, Dracin 10	2) Curiel, Alex 09	
3) Hamilton, Logan 09	4) Schoppman, Jamisen 11	
2 South O'Brien	A	1:50.84
1) Ree, Stefan 09	2) Matsiko, Blessing 10	
3) Leiding, Landyn 09	4) Erdmann, Max 09	
3 Hm-Sanborn	A	1:53.21
1) Ball, Braxton 10	2) Kellert, Daniel 11	
3) Zearing, Talan 11	4) Boynton, Dylan 09	
4 Sioux Ctrl, SR	A	1:57.01
1) Sorensen, Aiden 12	2) Stemke, Aiden 10	
3) Hogrefe, Keaton 09	4) Rose, Carter 09	

5 George-Little Rk	A	1:58.35
1) Denny, Jack 09	2) Cazares-Vela, Alejandro 09	
3) Harms, Aiden 09	4) Deweese, Colton 09	
6 Mmcru	A	1:58.71
1) Kelly-Cave, Carter 09	2) Plum, Cole 10	
3) Steffen, Ethan 09	4) Heubrock, Colton 09	

Event 104 Boys 800 Sprint Medley Varsity

Team	Relay	Finals
Finals		
1 George-Little Rk	A	1:37.73 10
1) Sandbulte, Cash 11	2) Krull, Nick 09	
3) Minter, Wyatt 11	4) Landis, Austin 11	
2 Mmcru	A	1:39.39 8
1) Johnson, Gage 12	2) Harpenau, Eli 11	
3) Barinsky, Blake 12	4) Alesch, Wyatt 12	
3 South O'Brien	A	1:40.87 6
1) Villarreal, Damian 12	2) Stines, Brayden 10	
3) Tjossem, Kaden 11	4) Cobb, Trayton 11	
4 Sioux Ctrl, SR	A	1:41.00 4
1) Heuton, Chase 11	2) Spooner, Perry 12	
3) Mills, Owen 12	4) Christian, Jack 12	
5 Hm-Sanborn	A	1:54.04 2
1) Esquivel, Diego 11	2) de Winnaar, Righardt 09	
3) Baker, Reed 09	4) Vogt, Alex 09	
--- W Sioux Hwardn	A	DQ
1) Van Beek, Kendrin 10	2) Lopez, Leandro 11	
3) Anderson, Cooper 11	4) Rosiles, Emiliano 10	

Event 105 Girls 3000 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Weber, Sage	10	Sioux Ctrl,	12:50.56 10
2 Juhl, Annika	11	Mmcru	13:31.83 8
3 Chambers, Allie	10	Sioux Ctrl,	15:38.87 6
4 Prescott, Ava	11	Mmcru	17:28.47 4

Event 106 Boys 3200 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Wernimont, Lucos	11	Sioux Ctrl,	10:58.86 10
2 Davenport, Landen	10	South O'Brie	11:41.19 8
3 Carver, Nolan	10	Mmcru	12:04.96 6
4 Samson, Dru	09	Sioux Ctrl,	14:29.17 4

Event 107 Girls 4x800 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 South O'Brien	A	12:43.87 10
1) Wulf, Taylor 12	2) Roberts, Ciara 10	
3) Keen, Grace 11	4) Cox, Chloe 11	
2 Mmcru	A	13:14.63 8
1) Staab, Hailey 10	2) Spenner, Faith 09	
3) Glassmaker, Kinzie 10	4) Alesch, Chloe 11	

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Event 108 Boys 4x800 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Mmcru	A	9:26.63 10
1) Galles, Karsen 11	2) Galles, Conner 11	
3) Mouw, Parker 09	4) Alesch, Gavin 09	
2 Sioux Ctrl, SR	A	9:35.84 8
1) Smith, Weston 09	2) Driver, Landon 11	
3) Waldstein, Xander 11	4) Christians, Colin 11	
3 South O'Brien	A	10:14.21 6
1) Wittrock, Noah 10	2) Wittrock, Drew 10	
3) Wetrich, Karson 10	4) Puhmann, John 11	
4 W Sioux Hwardn	A	11:21.18 4
1) Hansen, Owen 10	2) Hansen, Anthony 12	
3) Hamilton, Logan 09	4) Mora, Chris 10	

Event 109 Girls 4x100 Meter Shuttle Hurdle Varsity

Team	Relay	Finals
Finals		
1 Sioux Ctrl, SR	A	1:13.97 10
1) Waldstein, Peyton 10	2) Wittmaack, Madison 09	
3) Weier, Hanna 09	4) Laursen, Kailee 11	
2 Mmcru	A	1:21.62 8
1) Groves, Riley 12	2) Spenner, Faith 09	
3) Lux, Brielle 11	4) Murray, Charli 09	
3 South O'Brien	A	1:21.64 6
1) Hustedt, Chloe 12	2) Wulf, Tawni 12	
3) Hustedt, Greta 09	4) Stevens, Maeci 11	

Event 110 Boys 4x110 Meter Shuttle Hurdle Varsity

Team	Relay	Finals
Finals		
1 South O'Brien	A	1:07.23 10
1) Hedberg, Connor 10	2) Hintz, Tyler 11	
3) Billick, Brooks 10	4) Billick, Brennan 12	
2 Sioux Ctrl, SR	A	1:09.47 8
1) Wittmaack, Max 11	2) Spooner, Perry 12	
3) Wilson, Joseph 10	4) Garcia, Noah 12	

Event 111 Girls 100 Meter Dash JV

Name	Yr	School	Finals
Finals			
1 Stratman, Gretchen	11	George-Littl	13.64
2 Minter, Emily	09	George-Littl	14.03
3 Kruger, Keslee	09	George-Littl	x14.13
4 Aeikens, Madelyn	11	George-Littl	x15.15
5 Stevens, Maeci	11	South O'Brie	15.20
6 Fassler, McKenna	10	Sioux Ctrl,	15.29
7 Baker, Alexis	09	Hm-Sanborn	15.31
8 Thomas, Kathryn	11	Sioux Ctrl,	15.38
9 Rons, Abby	12	Hm-Sanborn	15.61
10 Templar, Torrin	10	South O'Brie	16.97
11 McDaniel, Kate	11	Hm-Sanborn	x17.23
12 Shriver, Ava	11	Hm-Sanborn	x17.24
13 Rens, Gemma	10	W Sioux Hwar	17.30

14 Salazar, Jakeline	09	South O'Brie	x17.56
15 Miller, Lilee	09	South O'Brie	x17.61
16 Beck, Emma	10	South O'Brie	x18.22

Event 112 Girls 100 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Strubbe, Camryn	12	South O'Brie	12.88 10
2 Johnson, Lillian	10	Sioux Ctrl,	13.08 8
3 Haken, Lindsey	12	George-Littl	13.24 6
4 Ubbinga, Grace	10	George-Littl	13.51 4
5 Van Wyhe, Addilyn	09	W Sioux Hwar	14.08 2
6 Cavanaugh, Taylor	11	Sioux Ctrl,	14.09 1
7 Ten Napel, Hailey	09	W Sioux Hwar	14.15
8 Surber, Mallory	09	Hm-Sanborn	14.47
9 Overmire, Ruby	10	Hm-Sanborn	14.85
10 Hageman, Willow	10	Mmcru	16.05
11 Cox, Chloe	11	South O'Brie	16.31
12 Davis, Deme	09	Mmcru	16.94

Event 113 Boys 100 Meter Dash JV

Name	Yr	School	Finals
Finals			
1 Martinez, Marlin	12	George-Littl	12.31
2 McGregor, Remington	11	Sioux Ctrl,	12.59
3 Baker, Reed	09	Hm-Sanborn	12.64
4 Stemke, Aiden	10	Sioux Ctrl,	12.86
5 Denny, Jack	09	George-Littl	12.88
6 Zearing, Talan	11	Hm-Sanborn	12.98
7 Kellert, Daniel	11	Hm-Sanborn	x12.99
8 Mora, Miguel	09	Sioux Ctrl,	x13.14
9 Hamilton, Logan	09	W Sioux Hwar	13.39
10 Steffen, Ethan	09	Mmcru	13.97
11 Perry, Hunter	10	Sioux Ctrl,	x14.48
12 Reed, Bentley	09	Mmcru	14.52
13 Deweese, Colton	09	George-Littl	x14.55
14 Johnson, Curtis	10	W Sioux Hwar	14.89
15 Plum, Cole	10	Mmcru	x15.29
16 Becker, Jagger	09	Mmcru	x15.79
17 Schreur, Nathan	11	Hm-Sanborn	x24.32

Event 114 Boys 100 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Barinsky, Blake	12	Mmcru	11.33 10
2 Anderson, Zach	10	George-Littl	11.33 8
3 Krull, Nick	09	George-Littl	11.39 6
4 Lopez, Braylon	11	W Sioux Hwar	11.50 4
5 Grotluschen, Caleb	12	Hm-Sanborn	11.54 2
6 Ree, Stefan	09	South O'Brie	11.84 1
7 Stofferan, Nathan	12	Hm-Sanborn	12.01
8 Glover, Kase	10	Sioux Ctrl,	12.21
9 Wittmaack, Max	11	Sioux Ctrl,	12.30
10 Van Muyden, Cole	09	W Sioux Hwar	12.44
11 Rupp, Emmett	09	Mmcru	12.64
--- Villarreal, Damian	12	South O'Brie	DQ

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Event 115 Girls Distance Medley Varsity

Team	Relay	Finals
Finals		
1 Sioux Ctrl, SR	A	5:04.50 10
1) Waldstein, Peyton 10	2) Madsen, Marley 12	
3) Wilson, Avery 12	4) Weber, Sage 10	
2 Hm-Sanborn	A	5:23.85 8
1) Rodriguez, Thalia 10	2) Vogt, Ava 10	
3) Boynton, Delilah 09	4) Delacruz, Viviana 09	
3 Mmcru	A	5:25.24 6
1) Busch, Peyton 10	2) Specht, Aubrey 09	
3) Dirks, Aubrey 11	4) Staab, Hailey 10	
4 South O'Brien	A	5:46.05 4
1) Negus, Annika 10	2) Reichle, Lyla 10	
3) Wilson, Amelie 11	4) Keen, Grace 11	

Event 116 Boys Distance Medley Varsity

Team	Relay	Finals
Finals		
1 Sioux Ctrl, SR	A	3:52.13 10
1) Buettner, Michael 12	2) Heuton, Chase 11	
3) Mills, Owen 12	4) Christian, Jack 12	
2 Mmcru	A	4:14.60 8
1) Kintigh, Luke 11	2) Miller, Ayden 10	
3) Regennitter, Reise 12	4) Mouw, Parker 09	
3 Hm-Sanborn	A	4:20.12 6
1) Ball, Braxton 10	2) Zimmer, Karter 10	
3) Boynton, Dylan 09	4) Teal, Easton 11	
4 South O'Brien	A	4:22.40 4
1) Halverson, Brecken 09	2) Wittrock, Drew 10	
3) Cox, Tyler 09	4) Kilts, Morgan 09	
5 W Sioux Hwardn	A	4:27.00 2
1) Coons, Dracin 10	2) Curiel, Alex 09	
3) Schoppman, Jamisen 11	4) Miller, Parker 09	

Event 117 Girls 400 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Stratman, Gretchen	11	George-Littl	1:05.01 10
2 Strubbe, Camryn	12	South O'Brie	1:06.40 8
3 Christian, Nora	12	Sioux Ctrl,	1:07.03 6
4 Erickson, Brooklyn	10	Hm-Sanborn	1:18.07 4
5 Smith, Kaylie	09	Sioux Ctrl,	1:19.42 2
6 Joines, Gretchen	10	South O'Brie	1:21.75 1
7 Glassmaker, Kinzie	10	Mmcru	1:24.80
8 Dolphin, Kynlee	11	Hm-Sanborn	1:33.02

Event 118 Boys 400 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Cobb, Trayton	11	South O'Brie	53.56 10
2 Landis, Austin	11	George-Littl	53.84 8
3 Wetrich, Karson	10	South O'Brie	55.78 6
4 Galles, Karsen	11	Mmcru	56.27 4
5 Martinez, Marlin	12	George-Littl	58.80 2

6 Waldstein, Xander	11	Sioux Ctrl,	59.19 1
7 Galles, Conner	11	Mmcru	59.83
8 Driver, Landon	11	Sioux Ctrl,	1:00.60
9 Dolphin, Carter	12	Hm-Sanborn	1:04.59
10 Davenport, Landen	10	South O'Brie	x1:06.97
11 Dolphin, Hayden	10	Hm-Sanborn	1:08.88
12 Mora, Chris	10	W Sioux Hwar	1:16.46
13 Johnson, Curtis	10	W Sioux Hwar	1:17.51
--- Brouwer, Owen	12	Sheldon	X52.96

Event 119 Girls 4x200 Meter Relay JV

Team	Relay	Finals
Finals		
1 Hm-Sanborn	A	2:20.72
1) Radtke, Nieme 09	2) Surber, Mallory 09	
3) Overmire, Ruby 10	4) Bleeker, Ella 09	
2 W Sioux Hwardn	A	2:22.79
1) Zwart, Alexis 09	2) Barea, Gabriella 10	
3) Hernandez, Michelle 09	4) Rens, Gemma 10	

Event 120 Girls 4x200 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Sioux Ctrl, SR	A	1:57.60 10
1) Cavanaugh, Taylor 11	2) Joenks, Bella 11	
3) Wittmaack, Madison 09	4) Ayers, Reata 12	
2 Hm-Sanborn	A	1:58.24 8
1) Otto, Moriah 12	2) Vargas, Laura 10	
3) Mutombo, Pamela 12	4) Ebel, Keely 10	
3 Mmcru	A	2:01.16 6
1) Busch, Peyton 10	2) Tentinger, Tia 11	
3) Specht, Aubrey 09	4) Regennitter, Jorja 09	
4 W Sioux Hwardn	A	2:02.00 4
1) Waterman, Raelyn 12	2) Stainbrook, Keira 09	
3) Van Wyhe, Addilyn 09	4) Ten Napel, Hailey 09	
5 George-Little Rk	A	2:06.19 2
1) Kruger, Keslee 09	2) Aeikens, Madelyn 11	
3) Gisolf, Danyka 10	4) Minter, Emily 09	
6 South O'Brien	A	2:13.55 1
1) Roberts, Ciara 10	2) Rasmussen, BreLee 11	
3) Wulf, Taylor 12	4) Wilson, Amelie 11	

Event 121 Boys 4x200 Meter Relay JV

Team	Relay	Finals
Finals		
1 W Sioux Hwardn	A	1:44.08
1) Coons, Dracin 10	2) Van Muyden, Cole 09	
3) Curiel, Alex 09	4) Rosiles, Emiliano 10	
2 Hm-Sanborn	A	1:44.95
1) Vogt, Alex 09	2) Baker, Reed 09	
3) Esquivel, Diego 11	4) Zearing, Talan 11	
3 South O'Brien	A	1:46.49
1) Ree, Stefan 09	2) Puhmann, John 11	
3) Leiding, Landyn 09	4) Erdmann, Max 09	

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Finals ... (Event 121 Boys 4x200 Meter Relay JV)

Team	Relay	Finals
4 George-Little Rk	A	1:53.03
1) Denny, Jack 09	2) Cazares-Vela, Alejandro 09	
3) Harms, Aiden 09	4) Deweese, Colton 09	
5 Sioux Ctrl, SR	A	1:53.94
1) Sorensen, Aiden 12	2) Stemke, Aiden 10	
3) Hogrefe, Keaton 09	4) Samson, Dru 09	
--- Mmcru	A	DQ
1) Heubrock, Colton 09	2) Steffen, Ethan 09	
3) Plum, Cole 10	4) Becker, Jagger 09	

Event 122 Boys 4x200 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 W Sioux Hwardn	A	1:35.82 10
1) Van Beek, Kendrin 10	2) Anderson, Cooper 11	
3) Lopez, Leandro 11	4) Lopez, Braylon 11	
2 Mmcru	A	1:36.08 8
1) Johnson, Gage 12	2) Hermanson, TJ 09	
3) Harpenau, Eli 11	4) Barinsky, Blake 12	
3 Hm-Sanborn	A	1:38.37 6
1) Carlin, James 10	2) Stofferan, Nathan 12	
3) Schierholz, Isaac 12	4) Grotluschen, Caleb 12	
4 South O'Brien	A	1:39.07 4
1) Hedberg, Connor 10	2) Stines, Brayden 10	
3) Tjossem, Kaden 11	4) Kreber, Jaden 12	
5 Sioux Ctrl, SR	A	1:40.66 2
1) McGregor, Remington 11	2) Wilson, Joseph 10	
3) Garcia, Noah 12	4) Glover, Kase 10	
--- George-Little Rk	A	DQ
1) Sandbulte, Cash 11	2) Bruns, Gavin 12	
3) Anderson, Zach 10	4) Minter, Wyatt 11	

Event 123 Girls 100 Meter Hurdles JV

Name	Yr	School	Finals
Finals			
1 Wilkinson, Quinn	12	Sioux Ctrl,	20.05
2 Spenner, Faith	09	Mmcru	21.38
3 Reichle, Lyla	10	South O'Brie	21.39
4 Diaz, Jessica	11	Hm-Sanborn	21.88
5 Lux, Brielle	11	Mmcru	22.14
6 Negus, Annika	10	South O'Brie	23.39
7 Rons, Abby	12	Hm-Sanborn	25.41

Event 124 Girls 100 Meter Hurdles Varsity

Name	Yr	School	Finals
Finals			
1 Weier, Hanna	09	Sioux Ctrl,	17.38 10
2 Groves, Riley	12	Mmcru	17.68 8
3 Laursen, Kailee	11	Sioux Ctrl,	18.55 6
4 Hustedt, Chloe	12	South O'Brie	19.24 4
5 Hustedt, Greta	09	South O'Brie	19.31 2
6 Murray, Charli	09	Mmcru	19.70 1
7 Hengeveld, Jenna	10	Hm-Sanborn	20.12
8 Stainbrook, Keira	09	W Sioux Hwar	20.46

9	Rose, Kyli	09	Hm-Sanborn	23.07
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Event 125 Boys 110 Meter Hurdles JV

Name	Yr	School	Finals
Finals			
1 Cave-Kelly, Carter	09	Mmcru	20.16
2 Zweibohmer, Zeke	09	Sioux Ctrl,	21.98

Event 126 Boys 110 Meter Hurdles Varsity

Name	Yr	School	Finals
Finals			
1 Mills, Owen	12	Sioux Ctrl,	15.32 10
2 Billick, Brooks	10	South O'Brie	16.72 8
3 Kintigh, Luke	11	Mmcru	17.01 6
4 Matsiko, Blessing	10	South O'Brie	18.29 4
5 Rupp, Emmett	09	Mmcru	18.90 2
6 Kellert, Daniel	11	Hm-Sanborn	20.49 1

Event 127 Girls 800 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Bloom, Karina	11	Sioux Ctrl,	2:34.85 10
2 Christian, Nora	12	Sioux Ctrl,	2:45.44 8
3 Tentinger, Tia	11	Mmcru	2:52.80 6
4 DeLeeuw, Carly	09	George-Littl	2:58.56 4
5 Roberts, Ciara	10	South O'Brie	3:10.60 2
6 Glassmaker, Kinzi	10	Mmcru	3:36.83 1
7 Dau, Kate	10	South O'Brie	3:49.48

Event 128 Boys 800 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Alesch, Wyatt	12	Mmcru	2:13.90 10
2 Wernimont, Lucos	11	Sioux Ctrl,	2:17.01 8
3 Galles, Karsen	11	Mmcru	2:18.03 6
4 Wittrock, Noah	10	South O'Brie	2:18.40 4
5 Rose, Carter	09	Sioux Ctrl,	2:32.06 2
6 Buhmann, John	11	Hm-Sanborn	2:34.41 1
7 Hansen, Anthony	12	W Sioux Hwar	2:43.11
8 Miller, Parker	09	W Sioux Hwar	2:49.52
9 Buhmann, Joe	11	Hm-Sanborn	2:54.91

Event 129 Girls 200 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Haken, Lindsey	12	George-Littl	27.06 10
2 Ubbinga, Grace	10	George-Littl	27.48 8
3 Strubbe, Camryn	12	South O'Brie	27.79 6
4 Ebel, Keely	10	Hm-Sanborn	28.85 4
5 Wittmaack, Madison	09	Sioux Ctrl,	29.52 2
6 Waterman, Raelyn	12	W Sioux Hwar	30.04 1
7 Boynton, Delilah	09	Hm-Sanborn	31.32
8 Peterson, Samantha	09	Mmcru	31.67
9 Zwart, Alexis	09	W Sioux Hwar	32.62
10 Joines, Gretchen	10	South O'Brie	33.07

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Event 130 Boys 200 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Minter, Wyatt	11	George-Littl	22.65 10
2 Bruns, Gavin	12	George-Littl	22.90 8
3 Cobb, Trayton	11	South O'Brie	23.64 6
4 Hermanson, TJ	09	Mmcru	23.70 4
5 Tjossem, Kaden	11	South O'Brie	23.72 2
6 Spooner, Perry	12	Sioux Ctrl,	24.12 1
7 Regennitter, Reise	12	Mmcru	24.84
8 Garcia, Noah	12	Sioux Ctrl,	25.05
9 Schierholz, Isaac	12	Hm-Sanborn	25.64
10 Dolphin, Carter	12	Hm-Sanborn	27.81

Event 131 Girls 400 Meter Hurdles Varsity

Name	Yr	School	Finals
Finals			
1 Madsen, Marley	12	Sioux Ctrl,	1:11.00 10
2 Hustedt, Greta	09	South O'Brie	1:23.17 8
3 Hengeveld, Jenna	10	Hm-Sanborn	1:25.66 6
4 Hustedt, Chloe	12	South O'Brie	1:27.11 4
5 Rose, Kyli	09	Hm-Sanborn	1:40.70 2

Event 132 Boys 400 Meter Hurdles Varsity

Name	Yr	School	Finals
Finals			
1 Johnson, Gage	12	Mmcru	56.42 10
2 Wilson, Joseph	10	Sioux Ctrl,	1:01.24 8
3 Ball, Nathaniel	11	South O'Brie	1:05.99 6
4 Rupp, Emmett	09	Mmcru	1:08.16 4
5 Kilts, Morgan	09	South O'Brie	1:09.47 2
6 Zimmer, Karter	10	Hm-Sanborn	1:10.42 1
7 Hogrefe, Keaton	09	Sioux Ctrl,	1:12.87
8 Kellert, Daniel	11	Hm-Sanborn	1:18.10

Event 134 Girls 1500 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Weber, Sage	10	Sioux Ctrl,	5:35.12 10
2 Juhl, Annika	11	Mmcru	5:51.15 8
3 Delacruz, Viviana	09	Hm-Sanborn	5:53.88 6
4 Erickson, Brooklyn	10	Hm-Sanborn	6:50.45 4
5 Prescott, Ava	11	Mmcru	7:08.92 2
6 Chambers, Allie	10	Sioux Ctrl,	7:30.29 1
--- Diaz, Jessica	11	Hm-Sanborn	X7:54.58

Event 136 Boys 1600 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Christians, Colin	11	Sioux Ctrl,	5:04.41 10
2 Mouw, Parker	09	Mmcru	5:09.82 8
3 Smith, Weston	09	Sioux Ctrl,	5:16.11 6
4 Teal, Easton	11	Hm-Sanborn	5:18.36 4
5 Alesch, Gavin	09	Mmcru	5:23.15 2
6 Cobb, Trayton	11	South O'Brie	5:25.69 1
7 Davenport, Landen	10	South O'Brie	5:29.14

8 Boynton, Dylan	09	Hm-Sanborn	5:37.50
--- Moon, Hainear	10	Sioux Ctrl,	X6:17.42
--- Buhmann, John	11	Hm-Sanborn	X6:43.44
--- Dolphin, Hayden	10	Hm-Sanborn	X7:05.54
--- Dirks, Jayden	09	Sioux Ctrl,	X7:07.99

Event 137 Girls 4x100 Meter Relay JV

Team	Relay	Finals
Finals		
1 Sioux Ctrl, SR	A	58.81
1) Thomas, Kathryn 11	2) Wilkinson, Quinn 12	
3) Fassler, McKenna 10	4) Joenks, Bella 11	
2 George-Little Rk	A	58.93
1) Aeikens, Madelyn 11	2) Gisolf, Danyka 10	
3) Thole, Amy 10	4) Kruger, Keslee 09	
3 Hm-Sanborn	A	1:00.45
1) Boynton, Delilah 09	2) Rons, Abby 12	
3) Rodriguez, Thalia 10	4) Overmire, Ruby 10	
4 Mmcru	A	1:02.51
1) Specht, Aubrey 09	2) Murray, Charli 09	
3) Davis, Deme 09	4) Peterson, Samantha 09	
5 W Sioux Hwardn	A	1:05.60
1) Zwart, Alexis 09	2) Barea, Gabriella 10	
3) Topete, Michelle 09	4) Hernandez, Michelle 09	
6 South O'Brien	A	1:07.02
1) Joines, Gretchen 10	2) Templer, Torrin 10	
3) Salazar, Jakeline 09	4) Miller, Lilee 09	

Event 138 Girls 4x100 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Sioux Ctrl, SR	A	51.72 10
1) Waldstein, Peyton 10	2) Ayers, Reata 12	
3) Wilson, Avery 12	4) Johnson, Lillian 10	
2 George-Little Rk	A	52.96 8
1) Stratman, Gretchen 11	2) Ubbinga, Grace 10	
3) Minter, Emily 09	4) Haken, Lindsey 12	
3 Hm-Sanborn	A	54.24 6
1) Otto, Moriah 12	2) Ebel, Keely 10	
3) Vargas, Laura 10	4) Mutombo, Pamela 12	
4 Mmcru	A	56.15 4
1) Groves, Riley 12	2) Draper, Ella 11	
3) Olson, Lilly 09	4) Tentinger, Tia 11	
5 W Sioux Hwardn	A	56.80 2
1) Waterman, Raelyn 12	2) Stainbrook, Keira 09	
3) Van Wyhe, Addilyn 09	4) Ten Napel, Hailey 09	
6 South O'Brien	A	1:01.58 1
1) Keen, Grace 11	2) Wilson, Amelie 11	
3) Hustedt, Chloe 12	4) Negus, Annika 10	

Event 139 Boys 4x100 Meter Relay JV

Team	Relay	Finals
Finals		
1 Sioux Ctrl, SR	A	47.38
1) McGregor, Remington 11	2) Wilson, Joseph 10	
3) Wittmaack, Max 11	4) Glover, Kase 10	

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Results

Finals ... (Event 139 Boys 4x100 Meter Relay JV)

Team	Relay	Finals
2 W Sioux Hwardn	A	48.03
1) Coons, Dracin 10	2) Curiel, Alex 09	
3) Van Muyden, Cole 09	4) Sheehan, Liam 10	
3 George-Little Rk	A	49.71
1) Denny, Jack 09	2) Martinez, Marlin 12	
3) Cazares-Vela, Alejandro 09	4) Harms, Aiden 09	
4 Hm-Sanborn	A	50.59
1) Zearing, Talan 11	2) Vogt, Alex 09	
3) Esquivel, Diego 11	4) Billings, Alex 12	
5 South O'Brien	A	51.46
1) Harper, Coltyn 09	2) Wittrock, Drew 10	
3) Cox, Tyler 09	4) Ball, Nathaniel 11	
6 Mmcru	A	57.34
1) Reed, Bentley 09	2) Astidias, Carter 12	
3) Dunn, Brayden 12	4) Peterson, Josh 11	

Event 140 Boys 4x100 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 George-Little Rk	A	44.26 10
1) Sandbulte, Cash 11	2) Anderson, Zach 10	
3) Bruns, Gavin 12	4) Minter, Wyatt 11	
2 W Sioux Hwardn	A	45.09 8
1) Van Beek, Kendrin 10	2) Anderson, Cooper 11	
3) Lopez, Braylon 11	4) Lopez, Leandro 11	
3 Sioux Ctrl, SR	A	46.05 6
1) Spooner, Perry 12	2) Mills, Owen 12	
3) Heuton, Chase 11	4) Buettner, Michael 12	
4 South O'Brien	A	46.82 4
1) Villarreal, Damian 12	2) Stines, Brayden 10	
3) Tjossem, Kaden 11	4) Kreber, Jaden 12	
5 Hm-Sanborn	A	47.03 2
1) Carlin, James 10	2) Grotluschen, Caleb 12	
3) Schierholz, Isaac 12	4) Stofferan, Nathan 12	
6 Mmcru	A	47.40 1
1) Kintigh, Luke 11	2) Harpenau, Eli 11	
3) Miller, Ayden 10	4) Regennitter, Reise 12	

Event 142 Girls 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Sioux Ctrl, SR	A	4:23.75 10
1) Wilson, Avery 12	2) Christian, Nora 12	
3) Bloom, Karina 11	4) Madsen, Marley 12	
2 Mmcru	A	4:56.32 8
1) Regennitter, Jorja 09	2) Dirks, Aubrey 11	
3) Staab, Hailey 10	4) Alesch, Chloe 11	
3 Hm-Sanborn	A	5:15.14 6
1) Boynton, Delilah 09	2) Vogt, Ava 10	
3) Hengeveld, Jenna 10	4) Baker, Alexis 09	
4 South O'Brien	A	5:24.56 4
1) Reichle, Lyla 10	2) Wulf, Taylor 12	
3) Roberts, Ciara 10	4) Keen, Grace 11	

---	Hm-Sanborn	B	X6:02.01
1)	Surber, Mallory 09	2)	Rose, Kyli 09
3)	McDaniel, Kate 11	4)	Dolphin, Kynlee 11

Event 143 Boys 4x400 Meter Relay JV

Team	Relay	Finals
Finals		
1 Sioux Ctrl, SR	A	3:56.28
1) Garcia, Noah 12	2) Driver, Landon 11	
3) Rose, Carter 09	4) Waldstein, Xander 11	
2 South O'Brien	A	4:17.40
1) Erdmann, Max 09	2) Leiding, Landyn 09	
3) Ree, Stefan 09	4) Kilts, Morgan 09	
3 Hm-Sanborn	A	4:20.91
1) Baker, Reed 09	2) Billings, Alex 12	
3) Vogt, Alex 09	4) Dolphin, Carter 12	

Event 144 Boys 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Mmcru	A	3:35.97 10
1) Alesch, Wyatt 12	2) Hermanson, TJ 09	
3) Barinsky, Blake 12	4) Johnson, Gage 12	
2 Sioux Ctrl, SR	A	3:47.61 8
1) Christian, Jack 12	2) Heuton, Chase 11	
3) Buettner, Michael 12	4) Wernimont, Lucas 11	
3 W Sioux Hwardn	A	4:06.12 6
1) Rosiles, Emiliano 10	2) Miller, Parker 09	
3) Coons, Dracin 10	4) Schoppman, Jamisen 11	
4 South O'Brien	A	4:06.67 4
1) Wetrich, Karson 10	2) Wittrock, Noah 10	
3) Davenport, Landen 10	4) Puhmann, John 11	
5 Hm-Sanborn	A	4:08.11 2
1) Grotluschen, Caleb 12	2) Stofferan, Nathan 12	
3) Carlin, James 10	4) Teal, Easton 11	

Event 201 Girls Shot Put JV

Name	Yr	School	Finals
Finals			
1 Hurtado, Angelique	10	Mmcru	27-03.50
2 Hill, Sami	10	Mmcru	26-11.50
3 Templar, Torrin	10	South O'Brie	22-10.50
4 Miller, Lilee	09	South O'Brie	22-07.75
5 Salazar, Jakeline	09	South O'Brie	x22-06.00
6 Bleeker, Ella	09	Hm-Sanborn	20-04.00
7 Dodge, Aubrey	09	Hm-Sanborn	18-09.00
8 Beck, Emma	10	South O'Brie	x14-08.50
9 Van Wyk, Kayla	09	W Sioux Hwar	12-09.00

Event 202 Girls Shot Put Varsity

Name	Yr	School	Finals
Finals			
1 Peterson, Samantha	09	Mmcru	32-06.00 10
2 Wittmaack, Madison	09	Sioux Ctrl,	31-00.50 8
3 Wetter, Ashley	10	Mmcru	28-00.25 6
4 Wilson, Cammy	11	Hm-Sanborn	27-10.00 4

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Finals ... (Event 202 Girls Shot Put Varsity)

Name	Yr	School	Finals
5 Thole, Amy	10	George-Littl	27-07.25 2
6 Laursen, Kailee	11	Sioux Ctrl,	27-06.00 1
7 Franco, Salissa	12	W Sioux Hwar	26-05.00
8 Gisolf, Danyka	10	George-Littl	26-03.00
9 Rasmussen, BreLee	11	South O'Brie	26-01.50
10 Rodriguez, Paulina	10	W Sioux Hwar	24-10.50
11 Shriver, Ava	11	Hm-Sanborn	21-10.50
12 Dau, Kate	10	South O'Brie	21-06.75

Event 203 Boys Shot Put JV

Name	Yr	School	Finals
1 Lockwood, Ian	12	Sioux Ctrl,	36-02.00
2 Dunn, Brayden	12	Mmcru	35-11.50
3 Kooima, JJ	09	W Sioux Hwar	35-03.25
4 Morales, Jayden	10	Sioux Ctrl,	33-07.50
5 Astidias, Carter	12	Mmcru	33-06.00
6 Kaskie, Kade	10	W Sioux Hwar	32-10.25
7 Wagenaar, Matthew	09	George-Littl	32-00.75
8 Hageman, Trenton	09	Mmcru	x29-07.00
9 Haight, Derrick	12	Sioux Ctrl,	x29-05.50
10 Jungers, Lane	09	George-Littl	27-09.50
11 Mazur, Ethan	12	South O'Brie	27-05.00
12 Reed, Bentley	09	Mmcru	x25-11.50
13 Franco, Salvador	10	W Sioux Hwar	x24-04.00
14 Burks, Zander	09	Sioux Ctrl,	x21-03.50
15 Schreur, Nathan	11	Hm-Sanborn	17-00.00
--- Lacy, Collin	12	W Sioux Hwar	ND

Event 204 Boys Shot Put Varsity

Name	Yr	School	Finals
1 Peterson, Josh	11	Mmcru	43-01.50 10
2 Glover, Kase	10	Sioux Ctrl,	41-11.50 8
3 Billings, Alex	12	Hm-Sanborn	38-07.75 6
4 Lopez, Rafael	10	W Sioux Hwar	38-00.00 4
5 Perry, Hunter	10	Sioux Ctrl,	36-09.50 2
6 Billick, Brooks	10	South O'Brie	36-08.00 1
7 Miller, Ayden	10	Mmcru	36-03.75
8 Topete, Santiago	10	W Sioux Hwar	34-07.75
9 Roelfs, Jacob	11	Hm-Sanborn	32-10.50
10 Boardman, Eliot	12	South O'Brie	32-06.50
11 Denekas, Kaleb	09	George-Littl	29-04.50
12 Schwab, Gabe	11	George-Littl	27-07.75
--- Mazur, Ethan	12	South O'Brie	ND

Event 205 Girls Discus Throw Varsity

Name	Yr	School	Finals
1 Haken, Lindsey	12	George-Littl	111-09 10
2 Alesch, Chloe	11	Mmcru	93-00 8
3 Wulf, Taylor	12	South O'Brie	91-06 6
4 Thole, Amy	10	George-Littl	88-09 4
5 Peterson, Samantha	09	Mmcru	88-05 2

6 Wulf, Tawni	12	South O'Brie	83-04 1
7 Wilson, Cammy	11	Hm-Sanborn	81-11
8 Laursen, Kailee	11	Sioux Ctrl,	74-06
9 Rodriguez, Paulina	10	W Sioux Hwar	61-01
10 Rasmussen, BreLee	11	South O'Brie	x57-07
11 Miller, Lilee	09	South O'Brie	x55-00
12 Franco, Salissa	12	W Sioux Hwar	54-04
13 Dau, Kate	10	South O'Brie	x49-01
13 Salazar, Jakeline	09	South O'Brie	x49-01
15 Beck, Emma	10	South O'Brie	x38-10
16 Templer, Torrin	10	South O'Brie	x30-08

Event 206 Boys Discus Throw Varsity

Name	Yr	School	Finals
1 Topete, Santiago	10	W Sioux Hwar	153-09 10
2 Dunn, Brayden	12	Mmcru	146-00 8
3 Peterson, Josh	11	Mmcru	142-06 6
4 Buettner, Michael	12	Sioux Ctrl,	125-04 4
5 Kaskie, Kade	10	W Sioux Hwar	120-08 2
6 Boardman, Eliot	12	South O'Brie	106-02 1
7 Haight, Derrick	12	Sioux Ctrl,	105-10
8 Billick, Brooks	10	South O'Brie	105-05
9 Roelfs, Jacob	11	Hm-Sanborn	85-06
10 Denekas, Kaleb	09	George-Littl	83-08
11 Harper, Coltyn	09	South O'Brie	x79-03
12 Jungers, Lane	09	George-Littl	65-10

Event 207 Girls Long Jump JV

Name	Yr	School	Finals
1 Radtke, Nieme	09	Hm-Sanborn	12-04.00

Event 208 Girls Long Jump Varsity

Name	Yr	School	Finals
1 Strubbe, Camryn	12	South O'Brie	15-00.00 10
2 Johnson, Lillian	10	Sioux Ctrl,	13-07.25 8
3 Vargas, Laura	10	Hm-Sanborn	13-02.00 6
4 Spenner, Faith	09	Mmcru	12-09.00 4

Event 209 Boys Long Jump JV

Name	Yr	School	Finals
1 Puhmann, John	11	South O'Brie	15-06.00
2 Erdmann, Max	09	South O'Brie	15-04.50
3 Ball, Nathaniel	11	South O'Brie	x15-01.50
4 Leiding, Landyn	09	South O'Brie	x14-05.00
5 Anderson, Finn	10	Sioux Ctrl,	12-10.00
6 Mora, Miguel	09	Sioux Ctrl,	12-05.00
7 Rose, Carter	09	Sioux Ctrl,	x11-09.00

Event 210 Boys Long Jump Varsity

Name	Yr	School	Finals
1 Hermanson, TJ	09	Mmcru	19-00.50 10
2 Van Muyden, Cole	09	W Sioux Hwar	18-09.50 8

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Results

Finals ... (Event 210 Boys Long Jump Varsity)

	Name	Yr	School	Finals	
3	Harms, Aiden	09	George-Littl	17-08.50	6
4	Carlin, James	10	Hm-Sanborn	17-00.00	4
5	Stines, Brayden	10	South O'Brie	16-04.00	2
6	Zimmer, Karter	10	Hm-Sanborn	16-01.75	1
7	Villarreal, Damian	12	South O'Brie	15-11.00	
8	Heubrock, Colton	09	Mmcru	15-09.00	
9	Stemke, Aiden	10	Sioux Ctrl,	14-03.50	
10	Cazares-Vela, Alejandro	09	George-Littl	14-00.75	
---	Anderson, Cooper	11	W Sioux Hwar	ND	

Event 211 Girls High Jump Varsity

	Name	Yr	School	Finals	
Finals					
1	Weier, Hanna	09	Sioux Ctrl,	4-06.00	10
2	Hustedt, Greta	09	South O'Brie	4-05.00	8
---	Vargas, Laura	10	Hm-Sanborn	NH	
---	Regennitter, Jorja	09	Mmcru	NH	

Event 212 Boys High Jump Varsity

	Name	Yr	School	Finals	
Finals					
1	Christians, Colin	11	Sioux Ctrl,	J5-06.00	10
2	Hedberg, Connor	10	South O'Brie	J5-06.00	8
3	Schierholz, Isaac	12	Hm-Sanborn	J5-02.00	5
3	Kreber, Jaden	12	South O'Brie	J5-02.00	5
4	Landis, Austin	11	George-Littl	J5-02.00	2
---	Smith, Weston	09	Sioux Ctrl,	NH	
---	Wetrich, Karson	10	South O'Brie	NH	
---	Alesch, Wyatt	12	Mmcru	NH	

Women - Varsity - Team Rankings - 19 Events Scored

1)	Sioux Ctrl, SR	177
2)	MMCRU	114
3)	South O'Brien	97
4)	HM-Sanborn	72
5)	George-Little Rk	70
6)	W Sioux Hwardn	13

Men - Varsity - Team Rankings - 19 Events Scored

1)	MMCRU	151
2)	Sioux Ctrl, SR	130
3)	South O'Brien	113
4)	George-Little Rk	70
5)	W Sioux Hwardn	58
6)	HM-Sanborn	43